

**„The target is the way. Or: When I’m on the road, I’m at home.”**

For the journalist and author Timm Kruse, border experiences and adventures are what others might call a cosy evening with friends or colleagues. The Global Topspeaker and TV reporter loves the challenge and the unknown. For Kruse, it is essential to overcome boundaries in everyday life and at work to open new things. This is the only way to discover new horizons, achieve success and act correctly in crisis situations. As a freelance journalist, Timm Kruse lives an intense, fascinating and varied life between extraordinary journeys and his home in Northern Germany. In his rousing lectures, the adventurer inspires his audience with stories that take their breath away and reveal new, unknown worlds.

Journalist, reporter, writer, media producer

Expertise: Journalism, film, travel, adventure, creative experiments

Languages: French, English, German

## LECTURES

- Adventure reporter life: about fortune knight, politicians and gurus
- Work-life-balance: always on the move and yet at home
- The 40-Day challenge - be your hero
- Roadtrip with Guru

## PARTICIPANT FEEDBACK

*"It's incredible that one man can express such enthusiasm."*  
Ina Rudolph /

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+49 (0) 821 790040-10

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